



Portmarnock Integrated Arch Club

Social club for people with special needs

Newsletter 2019

Chairperson's address

Hello to all of you and welcome to our June newsletter which is one of the ways in which we are trying to improve communication in the Club.

We have made the amendments to the Club's constitution which were agreed at the AGM and we will be sending you all a copy shortly.

The new committee has had 2 meetings since the AGM and we have a clear plan of tasks to work on this year.

I would like to thank Sinead & Bernard Mc Gowan, Noel Murray, Shay Smith, Kay Cormican and Fiona Loughran for their hard work to help make the golf classic such a resounding success.

Now that the summer is upon us we are focusing on the Summer holiday in Trabolgan from 12th to 15th July. The Coordinators have been in touch with you requesting that certain forms be completed and returned to them. These forms really help in the planning process. Can I ask that you get them back to the coordinators by the date requested?

The new club bus project is moving along nicely. We will update you regarding expected delivery date in our next newsletter.

On behalf of the committee I would like to wish you all an enjoyable summer, I hope the weather picks up though!!!

May News

May saw the hosting of our annual golf classic day and it was a huge success thanks to the hard-working people involved. We had 30 teams out playing golf on the day and everyone enjoyed the golf links and the beautiful day they were all blessed with.

It was also a busy month for clubs with a drop in our volunteers, but we managed to get on with it and still come out the other side.

We hope all our great volunteers managed to get through that annual dread of exams and we wish any of our school leavers luck in doing their exams, at least the sun is not splitting the stones this year so you should all not mind been stuck in doors.

This month saw the start of a new manager on Prosper Fingal's side of the building and we endeavor to focus and develop that long standing relationship through Gillian Cox.

Our website is up and active so please tune into it when looking for any info, we are trying to keep everyone in the loop, so it is up to you to tell us how it's all going.

Club News

May saw the start of new relationship with GAA, we had a young team come down and encourage us to partake in drills and we hope to continue this as it was such a fun morning.

Activity is important in our daily lives and it has been said that more activities improve our wellbeing so over the next few months we hope to introduce Tennis and Pickleball and a Sumba dancing to encourage our members to be more active.

DATES TO NOTE

Summer holidays Trabolgan 12/13/14/15 July

The bus has been booked and we shall be leaving from Portmarnock and going straight to Trabolgan at 10 am and then returning for approx. 5pm on the Monday

Summer Project

Week one 3rd 4th 5th

Week two 8th 9th 10th

The cost per club is 15euros per day

Co Ordinator's will be in touch in the next week.